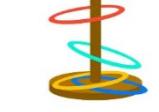


Grange Hill House January Activity Planner

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1st 11.00-AM  Wordsearches	2nd 11.00AM- Manicure/Nails  1.00PM- Minibus trip to Cherry Lane	3rd 11.00AM- Bingo  2.00PM Movie  Afternoon	4th 11.00AM- Country Music  1.15PM- Songs of praise
5th 11.00AM- Armchair Exercises with Seanna  2:00PM- Jigsaw Puzzles  Sweet Trolley	6th All Day Hairdressing with Melanie 11.00AM Phil Sayer in the Lounge  2:00PM- Bingo	7th 10.30AM- Flower Basket Arrangements  1.00PM -Minibus Trip to Worcester (Packed Lunch)	8th 10:30AM- Movement to Music with Sue  2:00PM  Garden Walks One to One Chats	9th 10.30AM- Cake Making  1.00PM- Minibus Trip to Rowberry's	10th 10.00AM- Hoopla  2.00PM Movie Afternoon with Popcorn 	11th 10.30AM- Play Your Cards Right  1.15PM - Songs of Praise 2.00PM- Tabletop Skittles
12th 10.30AM – Henry's Song Stories  2.00PM Quiz  Sweet Trolley	13th All day Hairdressing with Melanie 10.30- Games Morning  2:00PM Colouring Books 	14th 10.30AM – Magnetic Darts  1.00PM -Minibus Trip to	15th 10:30AM- Armchair Exercises with Sue  2.00PM- Suzie Law (Singer) 	16th 10.30AM- Pelham Puppets  1:00PM -Minibus Trip to Blackheath Market & Cafe	17th 11.00AM – Songs from the Musicals  2:00PM – Pontoons 	18th 10.30AM- Spot the Difference  1.15PM- Songs of Praise 2.00PM- Tin Can Alley Game 
19th 10.30AM – Armchair Exercises with Seanna  11.00AM – Spot the Difference 	20th All day Hairdressing with Melanie 11.00AM – Spot the Difference 	21st 11.00AM- Skittles  1.00PM -Minibus Trip to Birmingham Airport (packed Lunch)	22nd Chiropody with Gail 10.30-AM TikTok Games  2.00PM	23rd Chiropody with Gail 10.30AM- Music Quiz  1.00PM -Minibus trip to	24th 11.00AM- Classical Music Morning  2:00PM- 	25th 11.00AM- Jigsaw Puzzles  1.15PM- Songs of

2.00PM- Sweet Shop	2:00PM- Clive Bond (Singer) 	2.00PM- Bingo 	Naomi (Singer) 40's & 50's Musicals 6.00PM- Shortcross	Hartlebury Castle 2.00PM- Carpet Bowls	Sleeping Beauty Pantomime Romsley	Praise 2.00PM- Music from the 50's
26 th 11:00AM- Henry's Song Story's  2:00PM- Archery Game Sweet Trolley 	27th All Day Hairdressing with Melanie 11.00AM- Phil Sayer (Singer) 	28th 10.30AM- Pontoon  1.00PM- Minibus trip to	29 th 10.30AM- Basketball  2.00PM- Karaoke 	30 th 10.30AM- Armchair Exercises with Sue  1.00PM- Minibus trip to 	31 st 11.00AM- Play Your Cards Right  2.00PM- Singalong with Staff 	